

Partnering with your Student for Success

Juniata Attributes & Growth Mindset Parenting

Orientation 2018

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Juniata Attributes

- Knowledge and Skills
- Intellectual Engagement
- Interdisciplinarity
- Engagement with the Self and the World
- Ethical Behavior

Student Reflection of Attributes

Knowledge and Skills

- What acquired skills and knowledge do you currently possess that you can build upon, implement, or develop further at Juniata?
- What other perspectives or other expertise do you need to help you develop those skills and/or knowledge?

Intellectual Engagement

- What are the subjects you are curious about and want to know more about?
- What are new things you would like to see, experience and do?

Interdisciplinarity

- What are some meaningful experiences you have had that involved applying multiple ideas or knowledge you learned from school?
- What are things you would like to try in college to further that self-discovery?

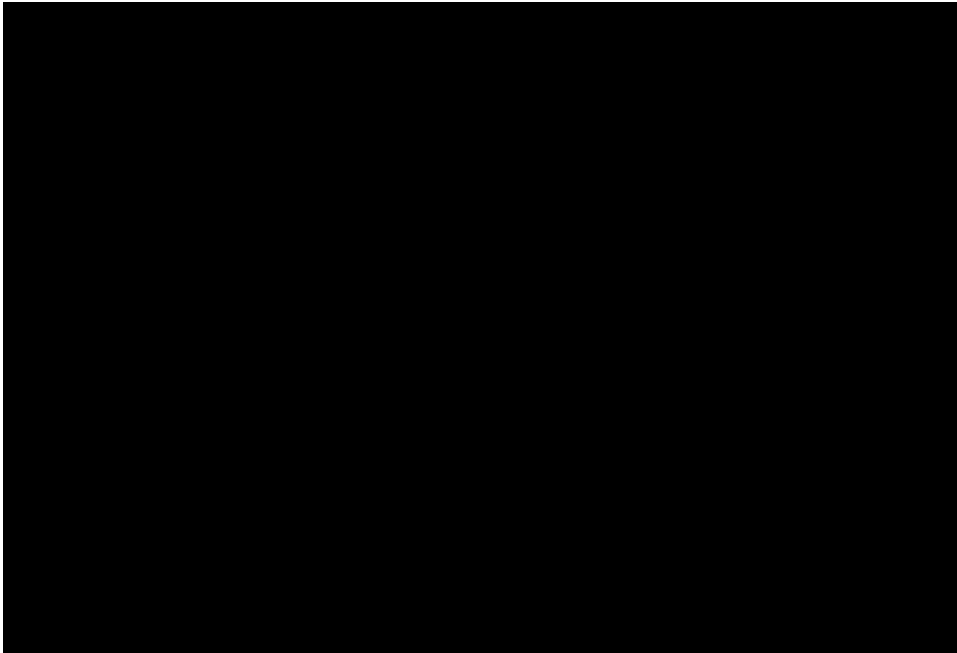
Engagement with the Self and the World

- As a burgeoning global citizen, what are places, cultures, people you would like to further learn about?
- How do you want to relate to your world and to people and cultures different than your own?

Ethical Behavior

- How do you judge whether something is right?
- How are your actions empathetic, honest, and responsible?
- What kind of society do you want to live in?

Mindset, Carol S. Dweck, Ph.D



DEVELOPING A **GROWTH MINDSET**



INSTEAD OF.....	TRY THINKING....
I'm not good at this	What am I missing?
I give up	I'll use a different strategy
It's good enough	Is this really my best work?
I can't make this any better	I can always improve
This is too hard	This may take some time
I made a mistake	Mistakes help me to learn
I just can't do this	I am going to train my brain
I'll never be that smart	I will learn how to do this
Plan A didn't work	There's always Plan B
My friend can do it	I will learn from them

GROWTH Mindset versus FIXED Mindset

QUEST



GROWTH Mindset Parenting

What if you have been praising for intelligence instead of effort?

- Prepare your student for challenge
- Begin praising effort over intelligence

GROWTH Mindset Parenting

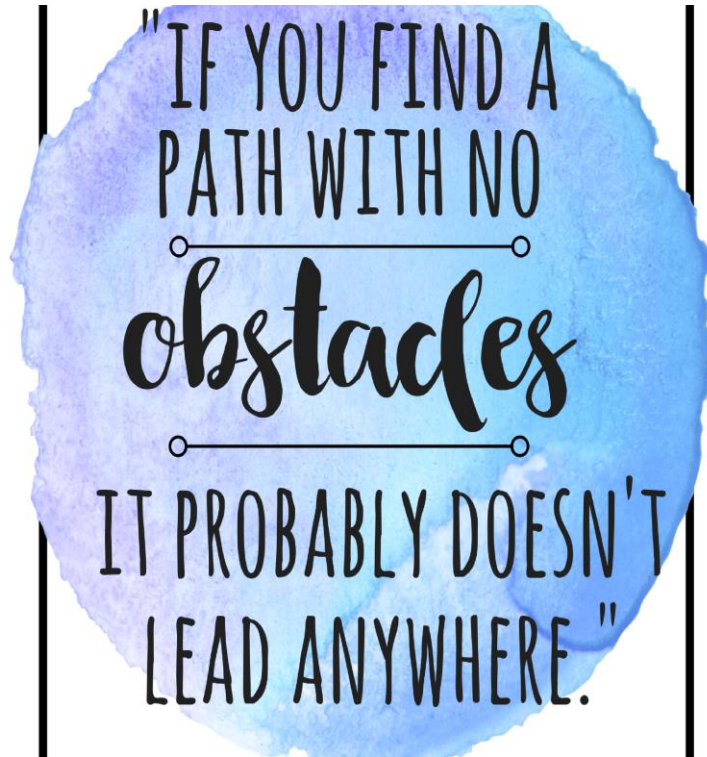
- Managing your own parenting fear of their failure
- Encouraging challenge seeking behavior
- Encourage them to learn something new, meet new people, get out of their comfort zone
- Ask about what they are learning, not what they are receiving for grades
- Remind them of when they were persistent and resilient in the past

GROWTH Mindset Parenting



- Steer away from telling what they are good at and what they are bad at – encourage exploration
- They own their journey – let them have it

GROWTH Mindset Parenting



Emphasize that they are on a journey of discovery to their path and purpose



- Share how you overcame your own struggles
- Talk about how failure is a must if you are to succeed
- Talk about how much effort is needed to succeed at something
- When they talk about others doing better because they are smarter – shut that down.

sylviaduckworth.com

QUEST

Applying Growth Mindset to Juniata Attributes

- Knowledge and Skills
- Intellectual Engagement
- Interdisciplinarity
- Engagement with the Self and the World
- Ethical Behavior

Questions to ask your student when they call home

- What new things are you learning? How much effort does it take to develop the skills you need to do well in your class?
- What events are going on campus this week?
- What are ways in which your different classes relate to one another? (*Since you want to be a scientist, how would a scientist look at this problem?*)
- What new perspectives are you learning about? What are places you would like to study in? Why?
- How is your knowledge and experiences at college changing your perspectives about our society and world?

Scenario 1: Your student calls home because they have failed a test.

- Where do you think you went wrong with your studying?
- What have you done since you got the test back?
- What's your game plan for the next test?
- What resources are you going to seek out?
- Who can help you find out what you need to do better?



QUEST

Scenario 2: Your student discovers they want to pursue another POE.

- Wow, I'm curious! What has made you change your mind?
- Who have you talked about this change with?
- What do the new plans for the POE look like?
- What are you most excited about with this change?
- What are some challenges that you think you may encounter with this change?

BE A MODEL FOR GROWTH MINDSET

- What are you doing to be an example?
- How do you react to failure and disappointment?
- How much do you speak about other people's success as a result of their effort instead of intelligence?
- What challenges are you taking on that are taking you out of your comfort zone?

Questions?

QUEST



Thank you

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(pronoun)

Title

Title

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