

# Eagles Take Flight

Partnering with families  
for student success

Orientation 2018



# Characteristics of Juniata students

- Academically well-prepared
  - High school GPA: 3.7
- Confident, driven to succeed, hard-working, cooperative, creative, community-oriented, healthy, kind, empathetic
- Eager learners who master material quickly, ask great questions, and aren't afraid to admit what they don't know
- “Party animals” – in their own minds
- Often of modest/middle income backgrounds
  - Family support, scholarship, grants/loans, employment



# 375 incoming students

- From 23 countries around the world
- From coast to coast representing 19 states  
(Students from 36 countries represented on campus)
- Interests:
  - » Health professions, environmental science and studies, business, psychology, communication
  - » Exploring: 5.5%
- Women are in the majority – 59%
- 18% are students of color
- 39% play a sport



BE *who* & SAY *WHAT YOU* FEEL *BECAUSE*  
*you are*  
*those* WHO MIND Don't Matter!

and **MATTER** DONT  
*those* MIND  
*who*

WELCOME TO JUNIATA - *Dr. Seuss*

BE ENCOURAGED TO

THINK ABOUT WHO YOU ARE.



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# Living and Learning

- First year residential communities
- Is living with another person challenging?
- What are the rewards?
- Residential Life Staff: Expertise, warmth, safety, community





# Families supporting residential students

- Asking questions and listening
- Affirming College resources for assistance, resolution
- No one gets voted off the island
- Sharing your own experiences, wisdom



# Quality, flexibility and choice in dining

## The Balance of Good Health



Figure 1: The "Big Eight" Allergens: Tree Nuts, Peanuts, Soy, Egg, Milk, Fish, Wheat and Shellfish.



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# Safety on campus – Priority and perspective

The student is the most important person on campus. Without them, there will be no institution. We are dependent on them. They are not to be hurried away so we can do our thing... they are our thing. They are not an interruption to our work but the purpose of it. “

- Unknown Author





# Student safety – support resources

- Clery and crime statistics

<http://www.juniata.edu/offices/security/>

## Public Safety

- Admissions and Residential Life Information
- Building Hours
- Policies and Regulations
- Campus Safety Programs
- Firearms
- Identification Cards
- Other Controlled Substances
- Campus Security Staff
- Just the Facts

### 2017 Annual Security Report

[Click here to view the report](#)

The Annual Security Report contains three years' worth of statistics (2013-2015) are included for Clery Act crimes that were reported on campus, in off-campus buildings or on property owned or controlled by Juniata College, and on public property within or immediately adjacent to campus. Also included are policy statements addressing crime reporting, fire safety, timely warnings, crime prevention programs and campus resource organizations.

### Vehicle Registration

\$75.00 for Students

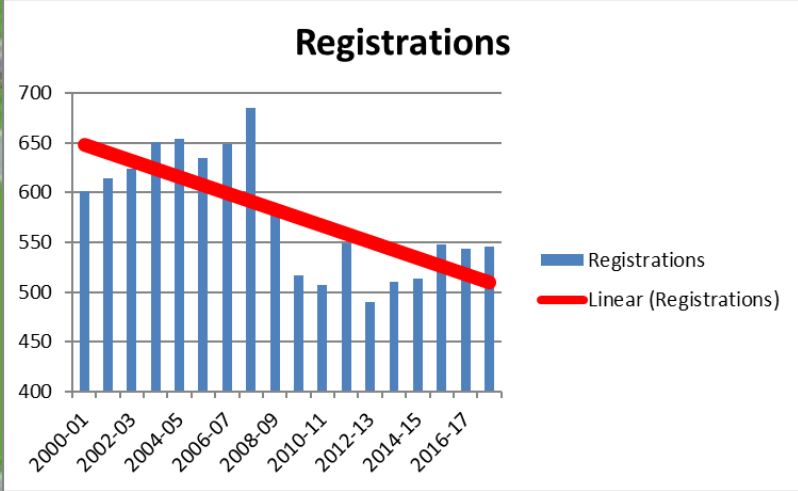
[Sign up for Vehicle Registration](#)

[Sign up for Emergency Notifications](#)

[Public Safety Alert Page](#)

# Student safety – support resources

- Dedicated, accessible and professional team of trained responders from across campus
- JC Public Safety – 24/7 officers (814-641-3636)
- Residence life staff – 24/7 professionals (814-641-3323)
- Deans on call – 24/7 professionals (814-641-3150)
- Health Services / Counseling Services
- Office for the Prevention of Interpersonal Violence / The SPoT
- Emergency Operations Plan
- Huntingdon Borough Police
- JC Blair Hospital – Behavioral Health Unit



TOPICS > NATION

# Why many teens don't want to get a driver's license

BY TIM HENDERSON, STATELINE March 6, 2017 at 4:55 PM EDT

6814



# Community and Responsibility

- We strive to foster a community of respect and mutual support
- Prevention – Education - Accountability efforts are our primary focus
- Sometimes students take risks and don't use their best judgment
- The Pathfinder – encourage familiarity
- Addressing misconduct – “the process”
- Alcohol – PLCB grant; Alcohol Edu



# Title IX

- Sexual Harassment
  - Dating Violence
  - Stalking
  - Sexual Assault
- **Interpersonal Violence - context:**
  - Nearly 1.5 million high school students nationwide experience physical abuse from a dating partner in a single year
  - One in three adolescents in the U.S. is a victim of physical, sexual, emotional or verbal abuse from a dating partner, a figure that far exceeds rates of other types of youth violence
  - One in 10 high school student has been purposefully hit, slapped, or physically hurt by a boyfriend or girlfriend

Source: [LovelsRespect.org](http://LovelsRespect.org)



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# If something happens...

## How can families help?

- Try to remain calm (we'll copy you on correspondence or otherwise notify you in serious cases)
- Listen to your student – don't lecture or judge – they need support and encouragement
- Encourage your student to seek out campus resources for support (DOS, EDI, the SPoT, Counseling, QUEST)
- Consult with one of the Deans – We want to partner with you to encourage and support your student toward success and becoming their best selves
- Join our conversation about Juniata's Prevention efforts at the It's On Us session tomorrow at 10:30 am



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# Health, Self Care and Stress Management

- Landscape of mental health
  - Depression, anxiety or both – 25% of students
  - Counseling clients – 43% overall; 28% at Juniata
  - Suicidality– 12.9% of students seriously considered suicide in the past year; 11.4% intentionally self-harmed; 2.4% attempted suicide

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- Self awareness and coping
- Problem solving
- Clinical contact and support
  - Medications and prescriptions
  - Overcoming obstacles to access, care
  - Confidentiality and sharing



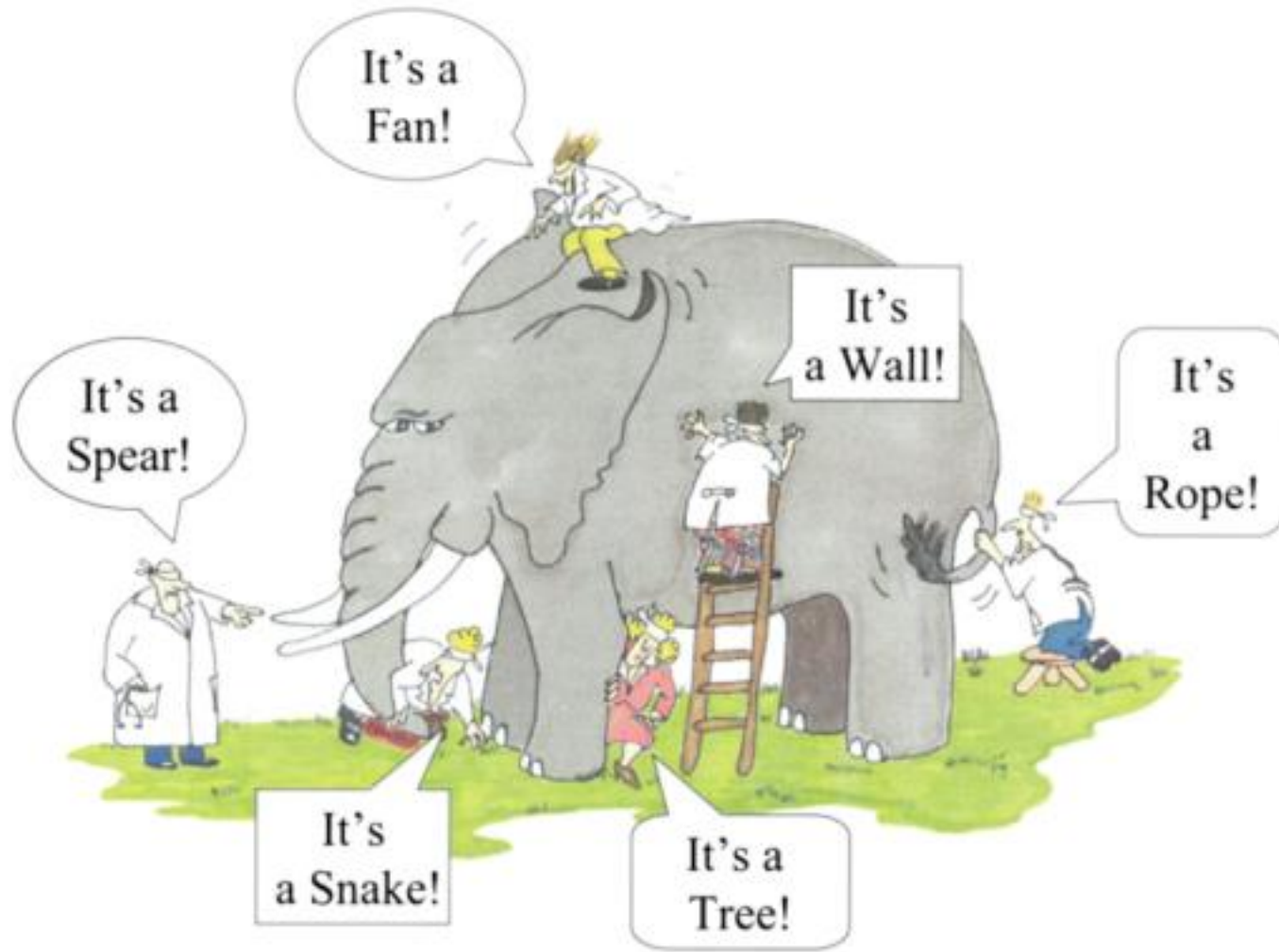
# Health, Self Care and Stress Management

- Health Services
- Scope of care
- Community partners and resources
- Confidentiality

# Health, Self Care and Stress Management

- Sleep
- Healthy eating
- Value of activity in stress reduction:  
Kennedy Sports and Rec / Parks, trails,  
nature
- Friends and community

# KEEPING IT ALL IN PERSPECTIVE



# Thank you

**Matthew Damschroder, Vice President for Student Life and Dean of Students**

**Tasia White, Director of Residential Life**

**Tony Williams, General Manager of Dining Services**

**Jesse Leonard, Director of Public Safety**

**Daniel Cook-Huffman, Associate Dean of Students**

**Kerry Harper, Lead Counselor**

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